

## DermaSculpt - New Filler Technique

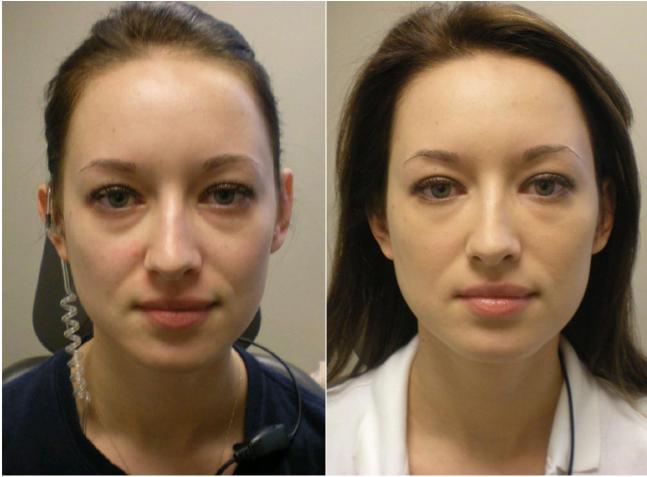
As we age, one of the biggest complaints from patients is that they always look tired. No matter how much rest they are getting, it looks like they have been up all night. This is caused in part by the hollowing of the under eye, which happens as collagen breaks down over time. Dr. Hamilton has worked to develop a new filler technique using the DermaSculpt® microcannula.



Patient was treated with two syringes of Radiesse

This cannula is a new tool that has a blunt end which allows Dr. Hamilton to put filler in areas that would be sensitive to a sharp needle; specifically, under the eyes, nearly to the lash line. This allows patients to have the hollows under their eyes filled more completely which helps reduce the tired look that so many of us are trying to avoid.

This new microcannula is special because it minimizes pain and bruising. The cannula can be used for under the eye or in the lips and can help minimize the number of injections. We have been getting excellent results. Patients can schedule a regular filler appointment and add on the cannula technique to their visit.



Patient was treated with two syringes of Radiesse



## **Dealing with Unsightly Veins**

About the time that most of us choose to exchange our summer shorts for warmer fall attire is the time that patients should be thinking about treating their spider veins. Winter is the ideal time for the treatment of any venous disease.

For the treatment of superficial reticulars (the little veins on the surface) and spider veins, sclerotherapy is an excellent option. Sclerotherapy consists of small injections of a solution into spider veins which irritates the vessel and causes it to collapse in on itself. Previously, Sotradecol® was the only solution available on the market, however, our office is pleased to be offering a new solution called Asclera® (polidocanol). Asclera® is especially effective on blue reticulars (the blue and green veins that you can see on the surface) and purple spider veins. This solution is not as inflammatory so there are less pigmentation issues than in the past. Sotradecol® is used on the bigger veins



because it causes more inflammation. Sclerotherapy requires that patients wear compression hose and avoid pounding activities, like running, for two weeks. Most patients find it much easier to follow these guidelines during the winter.

Rebecca Guthrie performs sclerotherapy in our office. Rebecca has been doing diagnostic ultrasounds for over three years. She has been doing sclerotherapy for over two years. Rebecca is a registered vascular technician and a member of the American College of Phlebology. Rebecca also performs ultrasounds to determine the medical need for venous surgery.

Patients who have more severe venous disease can have VNUS Closure or phlebectomy. Depending on the type and severity of the venous disease, insurance may cover this procedure. Patients will need to have an ultrasound evaluation to determine if they are a candidate. If you have concerns about your leg veins, call the office to schedule an appointment with Rebecca.



Before and after sclerotherapy
We want to thank you for being a part of our practice.
Sincerely, Tiffani Hamilton, MD