REQUIREMENTS BEFORE EYEBROW MICROBLADING

Microblading is a semi-permanent tattooing technique that creates hair-like strokes to fill in sparse or thinning brows.

1 NO BOTOX

No botox treatments should be done 4 weeks prior or 4 weeks after the procedure.

2 NO CHEMICAL PEELS

No chemical peels 60 days before or after procedure (brow will peel quicker due to chemicals traveling under the skin)

3 DO NOT USE...

Do not use Retinols/ Retin-A or other anti-aging / acne creams, or serums containing acids as they will fade brows prematurely.

4 NO EXERCISE

Do not work out or sweat heavily the day of the procedure (Or 2 weeks after).

5 NO TAN/SUNBURNED SKIN Do not tan or have a sunburned face

the day of the procedure.

6 **DO NOT TAKE...**

Do not take aspirin, niacin, vitamin E, or ibuprofen 48 hours before the procedure.

- 7 NO WAXING OR TINTING No waxing or tinting 3 days before procedure.
- 8 NO ALCOHOL OR CAFFEINE No alcohol or caffeine 24 hours before procedure.