

Post Care – UltraClear 3DMIRACL™ Laser Treatment

Congratulations on your recent treatment! Proper post-care is essential for optimal healing and results. Please follow these guidelines carefully:

1. Immediate Aftercare

- Immediately following your treatment, you may experience a sunburn-like sensation along with mild discomfort and tenderness for 2-7 days.
- Pinpoint bleeding may occur immediately following the treatment, with redness and swelling which can last 7-10 days.
- For the first three nights following your treatment, sleep with your head elevated to minimize swelling.
- Avoid touching or scratching the treated area.

2. Post Care Instructions

- **Cleanse:** Wash the skin using a gentle, non-abrasive cleanser.
- **Moisturize:** Apply a gentle moisturizer to keep the skin hydrated and help preserve the skin's barrier while healing. Look for products that are fragrance-free and formulated for sensitive skin.
- **Sun Protection:** Avoid direct sun exposure for at least 2 weeks post-treatment. Use a zinc oxide mineral sunscreen daily.
- **Stay Hydrated:** You may experience extreme dryness for two to three weeks following your treatment. Drink plenty of water to support your skin's healing process.
- **Products to Avoid:** Retinols, Vitamin C creams or serums, acid containing serums, exfoliation products or any other product with harsh ingredients should not be applied to the treatment area for 7-10 days. You may resume your regular skin care regimen 10 days post treatment.

If you experience any concerning symptoms or have questions during your treatment, please call the office at 770-360-8881 or reach us by text at 678-673-3840.

For after hour emergencies regarding your procedure, please contact one of our providers on their personal lines:

Tiffani K. Hamilton, MD - 678-689-6001 / drhamilton@hamiltonderm.com / text 678-673-3840

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Please refer to the *Recommended Products List* for product and purchase options.