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Post Care Instructions: Laser Hair Removal

To maximize the benefits and minimize the risk of complications associated with your laser procedures please read and follow these post-care instructions.

Following your laser treatment you may experience some swelling, bruising and crusting which may last anywhere from several days to several weeks.

- The treated area is very delicate and should be attended to gently.
- You should expect redness and mild swelling at the treatment site. It is common to experience some discomfort and a crust may form.
- Avoid direct sunlight for several weeks following your laser treatment and wear sunscreen containing a minimum of 7% zinc oxide. Our office recommends Hamilton DermaScience Emollient or Mattifying Sunscreen. Reapply every 1-2 hours when outdoors. Avoid swimming until the area has healed.
- Avoid picking, scratching, or rubbing the treated area. Makeup can be worn to conceal any crusting, bruising or redness, but avoid aggressive rubbing when removing makeup until the area is completely healed.
- If prescribed, take any medication as directed.
- Hair will eventually shed over approximately a two week interval. No plucking or waxing should be done between treatments, however, shaving is fine.

Wound Care Instructions:

- Keep the area clean by washing twice daily with a mild cleanser such as Hamilton DermaScience Gentle Exfoliating Cleanser, Hamilton DermaScience Sensitive Skin Cleanser, CeraVe, or Cetaphil.
- If any crusting occurs, apply a thin layer of a mild moisturizer such as Hamilton DermaScience Moisture Boost, or CeraVe Healing Ointment. The area does not need to be covered with a bandage.
- Tylenol or Advil can be taken to relieve mild discomfort.

If you have concerns about healing, or if the area becomes extra tender, continues to weep, you develop small, diffuse, white papules, or the drainage becomes thickened and/or yellowish please notify the office by calling 770.360.8881 or by text to 678-673-3840.

For after hour emergencies regarding your procedure, please contact one of our providers on their personal lines:

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