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After Care Post Treatment: Plasma Pen

To maximize the benefits and minimize the risk of complications associated with your procedure, please read and follow these post-care instructions.

You may experience some swelling, bruising and crusting which may last anywhere from several days to several weeks. You may not look your best during the initial healing process (3-7 days).

Immediately Following Your Treatment:

- We recommend NOT exercising straight after a treatment because any heat, steam or sweat could add to the inflammation that's already present. Ideally you want to avoid excessive sweating for 5-7 days during the healing process.
- We recommend the only 2 products you should use after treatment and during the 5-7 day healing process is Factor Five serum 2x per day (morning and evening) and a zinc-based sunscreen when outdoors.
- You may experience a mild tingling or stinging sensation with application of Factor Five serum and this will subside within a very short time. This is to be expected depending on your skin sensitivity and is caused by the healing ingredients intentionally formulated in the Factor Five serum.
- We recommend applying small amounts of Factor Five Serum 2x per day (morning and evening) to soothe inflamed skin and heal it fast. It also provides relief from possible itching and helps expedite a scar free healing process. Clients must use the Factor Five serum post treatment. The alternative of leaving a scab to continually dry out naturally without the Factor Five can mean that the healing process takes longer and the longer the healing process then the greater the chance of scarring.

In the Days Following Your Treatment:

- It is normal for the area that has been treated to feel tight and dry. Occasional weeping will settle and tiny crusts will quickly form on the treated area. These may be visible for up to a week. **Do NOT pick crusts off as this will delay the healing process and could cause scarring.**
- The area(s) treated may be cleansed daily with lukewarm water and a soft, lint free cloth. You are only removing excess oil and do not need to thoroughly cleanse the treated skin. DO NOT be tempted to rub or brush the area to aid the removal of the crusts. Pat dry with a clean facial cloth.
- We advise you to NOT stand with your face under a hot shower or direct water from shower head for the first 3 to 4 days. This could increase swelling. Try to avoid shower gels or hair products running on to your face as this could cause irritation. If products do come into contact with the area(s) treated, rinse thoroughly with tepid water and gently pat the area dry.

If you have concerns about healing, or if the area becomes extra tender, continues to weep, you develop small, diffuse, white papules, or the drainage becomes thickened and/or yellowish please notify the office by calling 770.360.8881 or by text to 678-673-3840.

For after hour emergencies regarding your procedure, please contact one of our providers on their personal lines:

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