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Post Care Instructions: Tixel

To maximize the benefits and minimize the risk of complications associated with your procedure, please read and follow these post-care instructions.

Following your treatment, you may experience some swelling, bruising and crusting which may last anywhere from several days to several weeks.

Days 1-3 Following Your Treatment:

- We recommend avoiding very hot baths or showers and strenuous exercise for 24-48 hours after a treatment because any heat, steam or sweat could add to the inflammation that's already present.
- Mix 1 tbsp bleach to 6 cups cold water OR 2 tbsp distilled vinegar to 6 cups cold water. Use wash cloth or soft rag to soak treated area for 10-15 minutes several times daily. Gently pat skin dry.
- Apply Factor Five serum (provided at the time of treatment) three times per day.
- Avoid sun exposure (including tanning beds). A sunscreen containing a minimum of 7% zinc oxide should be applied every morning before going outdoors. Use a nickel sized amount for the face and a shot glass full for the body. Our office recommends Hamilton DermaScience Emollient or Mattifying Sunscreen. Reapply every one to two hours when outdoors.
- For low intensity treatment, you can start using a gentle mineral makeup beginning on day 2.

Days 4-7 Following Your Treatment:

- Keep the area clean by gently washing twice daily with a mild cleanser such as Hamilton DermaScience Gentle Exfoliating Cleanser, Hamilton DermaScience Sensitive Skin Cleanser, Cerave, or Cetaphil. Avoid using abrasive or exfoliating sponges and washcloths as your skin is very sensitive. Pat dry.
- Apply Factor 5 Gel twice a day.
- Apply a zinc-based sunscreen before going outdoors. Reapply every one to two hours when outdoors.
- You can continue with regular skin care regimen on day 8.

If you have concerns about healing, or if the area becomes extra tender, continues to weep, you develop small, diffuse, white papules, or the drainage becomes thickened and/or yellowish please notify the office by calling 770.360.8881 or by text to 678-673-3840.

For after hour emergencies regarding your procedure, please contact one of our providers on their personal lines:

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