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Post Care Instructions: VShape Ultra Body / Face

To maximize the benefits and minimize the risk of complications associated with your procedure, please read and follow these post-care instructions.

Following your VShape Ultra Body / Face treatment you may experience some swelling, bruising or redness which may last anywhere from several days to several weeks.

- Drink a minimum of 8 oz of water immediately following treatment.
- It is recommended to drink 8-10 cups of water per day for three days following treatment.
- Avoid alcohol for three days following the procedure as alcohol may drain water from the body and skin.
- Avoid excessive exercise, sweating, hot baths or saunas for three days after treatment.
- The number of treatments needed will vary according to the degree of skin irregularity, patient age, skin condition, smoking history, medical history, and medications.

Should the area become extra tender, please notify the office by calling 770.360.8881 or by text to 678-673-3840.

For questions or concerns regarding your procedure, please contact:

Becky Corders: 678.689.6005 / bcorders@hamiltonderm.com / text 678-673-3840

For after hour emergencies regarding your procedure, please contact one of our providers on their personal lines:

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